



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of February 2024

—
SL NO

CONTENTS

1. MEMBERSHIP
2. BRANCH MEETING
 - a)Executive Meeting
 - b)General Body Meeting
 - c)Branch CME
3. BRANCH CHAPTERS
 - a)AMS
 - b)WIMA
4. BRANCH COMMUNITY &SOCIAL ACTIVITIES
 - a)Awareness Class
 - b)Medical Camp
5. PARTICIPATION IN STATE MEETING
 - a)SWC
 - b)CGP North Zone Conference
- 6.
7. STATE PROGRAMS
 - a)Nammude Arogyam Subscription
 - b)Observation of state designated days
8. SPECIAL PROJECTS BY BRANCH
 - a)Palliative Care Centres
 - b)TIDA Projects

MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	39	631(Transfer out 5)631-5=626
JDN(Less than 40)		128
SSS I		321
SSS II	1	282
SSS III		239
PPS	3	334
CGP		37
AMS	-	133
PEPS		10
KHS	1	363
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

-

2.Branch Meetings

I) EXECUTIVE COMMITTEE MEETINGS

07.02.2024: EXECUTIVE MEETING

Executive Committee Meeting on 07.02.2024. Dr.Aravind C Nambiar (President IMA Thalassery) welcomed the gathering and 31 members attended the meeting. Vote of thanks proposed by Dr.Bithun Balan Kunnummal (Secretary IMA Thalassery).



II) GENERAL BODY MEETING

29.02.2024: General Body Meeting was held at IMA Hall Thalassery. Dr. Aravind C Nambiar (President IMA Thalassery) welcomed the gathering. 55 members attended the meeting. Vote of thanks proposed by Dr. Bithun Balan Kunnummal (Secretary IMA Thalassery).



III) BRANCH CME

28.02.2024: DR. ALBERT KALLAT MEMORIAL ORATION

Dr. Albert Kallat Memorial Oration was delivered on 28th February 2024 at IMA Hall. Dr. Paul O Raphael, Vice Principal & HOD Dept of Anaesthesia, MMCH & Research Centre, Kozhikode & Vice Chairman Committee for ELS Training IMA KSB delivered the oration. **The topic was “Cardiopulmonary Resuscitation Indian Guidelines”.** Dr. Aravind C Nambiar, President IMA Thalassery welcomed the gathering and presided the function. Prior to the meeting Late Dr. Albert Kallat was remembered by Dr. K J Mohan. Dr. Pushparaj S R introduced the guest speaker. The oration was attended by 55 members including Late Dr. Albert Kallat’s wife Mrs. Rejani Kallat.

INDIAN MEDICAL ASSOCIATION THALASSERY

You are cordially invited to
GENERAL BODY MEETING & Dr. ALBERT KALLAT MEMORIAL ORATION

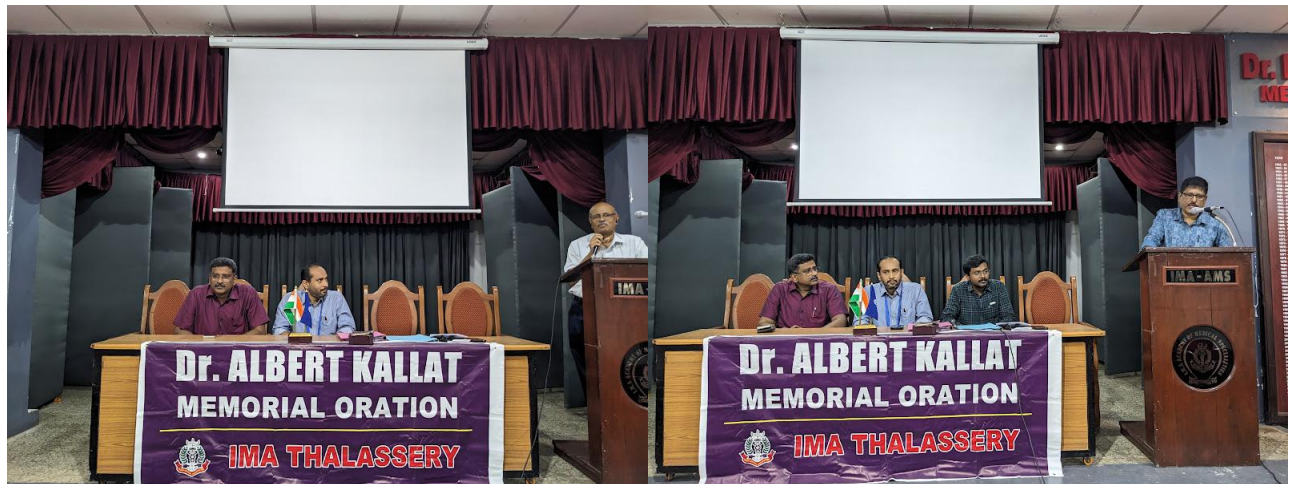
Wednesday, 28th February 2024 At 8 pm
Venue: IMA Hall Thalassery

ORATION "CARDIOPULMONARY RESUSCITATION INDIAN GUIDELINES"

Dr. PAUL D RAPHAEL
Vice President, Professor & HOD, Dept of Anaesthesia, M.M.C.H. & Research Centre, Kozhikode.
Vice Chairman, Committee for ILS Training, IMA KSB

Kindly do attend. Anticipating your presence on time.

Dr. Prasad C. Nambiar, President, IMA Thalassery | Dr. Biju Babu Kuttanmool, Secretary, IMA Thalassery





25.02.2024: CME ON PREVENTIVE ONCOLOGY

IMA Thalassery was represented in a CME on preventive oncology conducted at MCC Thalassery. Dr.Mini Balakrishnan, Dr.Gopeenathan P, Dr.Geetha M, Dr.Shyjus, Dr.Suchitra Sudhir served as resource persons for the CME.



3.Branch Chapters

AMS

14.02.2024: ACADEMIC MEETING

IMA Thalassery in association with AMS Thalassery conducted an academic meeting on 14.02.2024. **Topic on Contemporary case vignettes in Cardiology** by Dr.Praveen Sreekumar, Consultant Interventional Cardiologist, Aster MIMS Kochi and “Uncommon Cause of Cytopenia in children by Dr.Kiran, DrNB Resident Clinical Haematology Division, Malabar Cancer Centre, Thalassery. Meeting was attended by 39 members.

IMA Thalassery
in association with
IMA AMS Thalassery
ACADEMIC MEETING
On 14th February 2024, 8pm
@ IMA Hall, Thalassery

SPEAKERS

Dr. Praveen Sreekumar
"Contemporary case vignettes in Cardiology"
Consultant Interventional Cardiologist, Aster Medcity, Kochi

Dr. Kiran
"Uncommon Cause of Cytopenia in Children"
Dr NB Resident, Clinical Haematology Division,
Malabar Cancer Centre, Thalassery

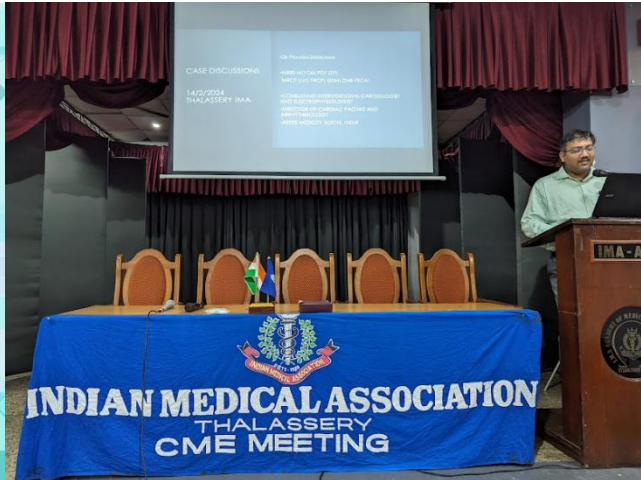
Dr. Aravind C Nambiar
President IMA Thalassery

Dr. Deepa Divakaran
Chairperson AMS Thalassery

Dr. Bithun Balan Kunnummal
Secretary IMA Thalassery

Dr. AKHIL P R
Treasurer IMA Thalassery

Dr. Allwin George
Secretary IMA AMS Thalassery



WIMA

29.02.2024: GENERAL BODY MEETING

WDW General body meeting at IMA Hall Thalassery. Dr.Geetha M (Chairperson WDW) presided the function. Vote of thanks proposed by Dr.Priya (Treasurer WDW Thalassery).



4.BRANCH COMMUNITY & SOCIAL ACTIVITIES

i) Awareness Classes

13.02.2024: CLASS FOR ANGANWADI TEACHERS

IMA Thalassery in association with Edakkad Block Panchayath conducted a class for Anganwadi teachers and aayas .The topic was CARING OF CHILDREN. The class was taken by Dr Sreeja Viswan. The programme was attended by more than 95 workers. It was a highly interactive session.



18.02.2024: KANNUR BEACH RUN

Dr.Nadeem Abootty, Dr.Prashanth M & Dr.Radhakrishnan C M participated in the Kannur Beach Run conducted by Malabar Chamber of Commerce .



19.02.2024: INTRODUCTION TO COMMUNICATION SKILL

Session for nurses introduction to communication skills at Thalassery Co-operative Hospital. Dr.Mini Balakrishnan took class.



19.02.2024: AWARENESS CLASS ON KANNUR NEWS CHANNEL

Dr.Devaraj T V gave an awareness class on Kannur News Channel regarding “Solution of Obiesty in surgery”.



20.02.2024: TB AWARENESS CLASS

TB Awareness Class at Municipal Town School,Kannur.Class was taken by Dr.Rejna Dilnath.



21.02.2024: AN AWARENESS CAMPAIGN FOR STUDENT REGARDING DRUG ABUSE

Dr Pusparaj SR served as the chief guest and resource person for the Laharivimukta Navaralam Pradeshika Sammvada Sadassu (An awareness campaign for student regarding drug abuse).



23.02.2024: INTRODUCTION TO COMMUNICATION SKILL

Session for nurses introduction to communication skills at Thalassery Co-operative Hospital. Dr.Mini Balakrishnan took class.



24.02.2024: AROGYA DEEPTHI RADIO PROGRAM

Dr Rejina Dilnath participated in the Arogya Deepthi radio program on All India Radio Kannur. She spoke on the topic “Kshayaroganukkal Nammude Chuttumunde Marakkanda” based on tuberculosis control.



29.02.2024 : INTRODUCTION TO COMMUNICATION SKILL

Session for nurses introduction to communication skills at Thalassery Mission Hospital.. Dr.Rafeeq took class.



25.02.2024: Dr Rajeevan VK (Past President IMA Thalassery), Dr Mini BalaKrishnan (Past President IMA Thalassery), participated in the Thalassery tour in the newly launched double decker bus along with Honble Speaker Adv AN Shamseer, Sub collector Sandeep Kumar IAS,Sri KB Ganesh Kumar (Minister for Transport of Kerala).



29.02.2024: QUADRIFEST 2024

Dr.Aravind C Nambiar ,Dr Mini Balakrishnan,Dr Rethika Srikumar, Dr Srikumar Vasudevan, Dr Pradeep Kumar, Dr Pushparaj, Dr Sanjeev Kumar, Dr Nadeem Abootty, Dr R Ramesh, Dr Surendrababu attended Quadrifest 2024 ,at IMA Kuthuparamba hall

ii)Medical Camps

22.02.2024: ANEMIA DETECTION CAMP AND ANEMIA AWARENESS PROGRAM

IMA & IAP Thalassery conducted an Anemia detection Camp and Anemia Awareness Program at Jaycee Special School, Dharmadam, in association with Leo Lab Thalassery.

Dr.Jayagopal P.P, President, IAP Thalassery and Dr.Priya P.Rajendran , Secretary IAP Thalassery interacted with the students and explained to the teachers and students about healthy lifestyle and nutrition.

Hemoglobin estimation of 50 differently abled students were done.

On behalf of IAP Thalassery, a momento was presented to the students.



5 .PARTICIPATION IN STATE MEETINGS

1) State Working Committee

18.02.2024: STATE WORKING COMMITTEE AT KOZHIKODE.

Dr.Babu Ravindran T N, Dr.Ramesh R, Dr.Sasidharan K, Dr.Surendra Babu V P, Dr.Srikumar Vasudevan, Dr.Aravind C Nambiar , Dr.Pradeep Kumar, Dr.Dilnath Kallat, Dr.Mini Balakrishnan, Dr.Biji M S & Dr.Geetha Mekkoth attended the SWC Meeting at Kozhikode.



MPH Thalassery branch received first prize from the State President. Dr Biji Received the award on behalf of MPH Thalassery .



2) Participation in Zonal meets

11.02.2024: CGP NORTH ZONE CONFERENCE

Dr.K Sasidharan, Dr.Sanjeev Kumar, Dr.Aravind C Nambiar, Dr.Nadeem Abootty, Dr.Deepa Divakaran, Dr.Sughosh and Dr.Sreeja Viswan participated in IMA CGP North Zone Conference at Thaliparamba.





6.STATE PROGRAMMES

i)Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii)Observation of State designated days

1)03.02.2024: CANCER AWARENESS RALLY

Indian Medical Association in association with Malabar Cancer Centre observed the world Cancer Awareness Week. The event was flagged off by Shahenshah K S IPS (ASP) Thalassery. Dr Mini Balakrishnan and Dr Neethu Shyam Mohan represented IMA Thalassery in the event.



03.02.2024: QUIZ COMPETITION

As a part of world cancer awareness week a quiz competition was conducted for students. Dr Adarsh from IMA Thalassery served as the quiz master.



19.02.2024:CANCER AWARENESS SESSION

Dr Neethu AP from IMA Thalassery served as faculty for the cancer awareness session conducted jointly by MECF College of Teacher Education, Malabar Cancer Centre, KDCCC.



13.02.2024: ANEMIA AWARENESS DAY

Anemia Awareness Day program at Indira Gandhi Hospital. Awareness class conducted by Dr.Athulya Muraleedas (Consultant Pediatrician, Indira Gandhi Co-operative Hospital).



7.SUB COMMITTEE ACTIVITIES

I)Doctors Support Cell formation

Doctors Support cell formed at IMA Thalassery Branch with Dr.Arun Kumar M K as the Chairman and Dr.Nadeem Abootty as the Convenor.

- 1.Dr Arunkumar MK -Chairman
 - 2.Dr Nadeem Abooty-Convenor
 - 3.Dr UK Raveendran
 - 4.Dr Rethika
 - 5.Dr Premjith
 - 6.Dr Sreeja Viswan
 - 7.Dr Sajeev kumar PB
- Ex-officio members
- 8.Dr Aravind C Nambiar
 - 9.Dr Bithun Balan

8.SPECIAL PROJECTS BY BRANCH

i)Palliative Care Centres

PAIN AND PALLIATIVE CARE SOCIETY (FEBRUARY 1st to 29TH 2024 reports)

1. NUMBER OF NURSES HOME CARE CONDUCTED... 8(ON ALL WEDNESDAY AND SATURDAY)
2. NUMBER OF VOLUNTEERS HOME CARE CONDUCTED... 8
- 3.NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 39
4. NUMBER OF NURSES HOME CARE PATIENTS... 39

5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 4(ON ALL WEDNESDAY)
6. NUMBER OF PATIENTS OP ATTENDED....75
7. NUMBER OF WOUND CARE PATIENTS... 5
8. NUMBER OF CATHETER CARE PATIENTS...16
9. NUMBER OF DEATH CASE.. 8
10. NUMBER OF MORPHINE PATIENTS.. 26
11. NUMBER OF CANCER PATIENT,.. 50
12. NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED.... 4
13. NUMBER OF NEW CASES... 20

FEBRUARY 1st to 28th 2024reports

ii)TIDA PROJECTS

IMA Thalassery's pride project is going well as planned. Currently 18th floor construction is going on out of 18 storey building. TIDA's phase 2 is in pipeline, it's mandatory government approval's process are being done. Almost 110 apartments is sold out.